ᑲᑐᑎᓗᒍ ᓄᓇᕗᑦ ᐱᕈᖅᐸᓪᓕᐊᑎᓪᓚᕗᑦ
Building Nunavut Together
Nunavuliuqatigiingniq
Bâtir le Nunavut ensemble

Public Health Advisory

Increased cases of gastroenteritis across the territory

October 17, 2025
Nunavut-wide **75 sec**

The Department of Health is advising Nunavummiut that there is an increase in cases of gastroenteritis in the territory. This is not uncommon at this time of year. The illness can be spread easily from person to person and may move throughout the community quickly.

Symptoms include nausea, vomiting, stomach pain, fever and diarrhea.

Some of the best ways to prevent this illness are to:

- wash your hands often, especially before preparing meals and eating or after going to the washroom or changing a baby's diaper.
- rest and drink plenty of fluids (do not drink pop, energy drinks, or other sugary fluids).
- clean surfaces such as countertops, doorknobs and bathrooms often with hot soapy water.
- try to avoid unnecessary contact with people who are sick.

Help young children wash their hands, and make sure you clean their toys when you are cleaning other surfaces.

Anyone with symptoms should stay home, rest and drink plenty of fluids. Anyone with vomiting and diarrhea should not make meals for the family to decrease the risk of spreading the virus to family members. Dirty laundry should be washed in hot water and dried at a high temperature setting. Remember, kissing and touching babies can spread germs, keep them healthy by staying away when you are sick.

People with symptoms can be cared for at home unless the symptoms become severe and involve weakness and dehydration. People with severe symptoms should seek medical advice from their health provider.

For more information about preventing and controlling infection, visit the Government of Nunavut website.

###

Media Contact:

Charmaine Deogracias
Manager of Communications
Department of Health
867-975-5712
cdeogracias@gov.nu.ca

ᐋᓐᓂᐊᖅᑲᕐᓇᖕᒋᑦᑐᓕᕆᓂᕐᒧᑦ ᑐᓴᖅᑎᑦᓯᔾᔪᑏᑦ ᐊᑐᐃᓐᓇᐃᑦ ᐃᓄᒃᑎᑐᑦ, ᖃᓪᓗᓈᑎᑐᑦ ᐃᓄᐃᓐᓇᖅᑐᓐ ᐅᐃᕕᑎᑐᓪᓗ ᐅᕙᓂ *www.gov.nu.ca.*
Public Health Advisories are available in Inuktitut, English, Inuinnaqtun and French on *www.gov.nu.ca.*
Inungnun Aanniaqtailinikkut Unniudjutit hailihimajun Inuktitut, Qablunaatun, Inuinnaqtun Uiuitullu uvani *www.gov.nu.ca.*
Les avis de santé publique sont disponibles en inuktitut, en anglais, en inuinnaqtun et en français au *www.gov.nu.ca.*